

PRE-OPERATIVE INSTRUCTIONS FOR IV SEDATION – PATIENT COPY

1. **DO NOT EAT OR DRINK ANYTHING SIX (6) HOURS BEFORE YOUR SCHEDULED APPOINTMENT**
 - Morning Surgery – nothing to eat or drink after midnight the evening before surgery
 - Afternoon Surgery - You may have a light breakfast at least 6 hours before surgery. A light breakfast consists of 8 oz. of Liquids, ONE egg, Cereal or ONE piece of toast. DO NOT eat greasy foods such as bacon or sausage.
2. **MEDICATIONS** – TAKE YOUR NORMAL MEDICATIONS WITH UP TO 6 OZ. OF WATER UNLESS OTHERWISE INSTRUCTED BY YOUR DENTIST. YOU HAVE BEEN ADVISED TO TAKE ALL MEDICATION(S) AS PRESCRIBED BY YOUR DOCTOR OR PHYSICIAN THE MORNING OF YOUR PROCEDURE. UNAUTHORIZED ADJUSTMENT OF MEDICATIONS COULD RESULT IN CANCELLATION OF YOUR APPOINTMENT.
3. **DO NOT DRINK ANY ALCOHOLIC BEVERAGES WITHIN 24 HOURS BEFORE YOUR SURGERY. DO NOT USE ANY SOCIAL OR MIND ALTERING DRUGS. DO NOT SMOKE THE DAY OF THE PROCEDURE.**
4. DUE TO THE STERILE ENVIRONMENT, **YOU MUST SHOWER/BATHE/BRUSH TEETH** PRIOR TO SURGERY.
5. YOU MUST **WEAR A SHORT SLEEVE SHIRT**. NO ONE PIECE OUTFITS. THIS ALLOWS SURGICAL AND MONITOR EQUIPMENT TO BE PLACED.
6. **DO NOT WEAR ANY JEWELRY** (INCLUDING WATCHES, BRACELETS, EARRINGS, RINGS, NECKLACES, ANKLETS, AND ANY BODY PIERCINGS) WITH THE EXCEPTION OF WEDDING RINGS.
7. **DO NOT WEAR ANY TYPE OF MAKE-UP OR NAIL POLISH**
8. IF YOU WEAR **CONTACTS, DO NOT WEAR** THEM THE DAY OF THE SURGERY, LEAVE THEM AT HOME. IF YOU HAVE GLASSES YOU MAY WEAR THEM.
9. **YOU MUST HAVE AN ADULT PERSON (18 OR OLDER) BRING AND TAKE YOU HOME THE DAY OF SURGERY.** THIS PERSON MUST COME IN WITH YOU TO REVIEW POST-OPERATIVE INSTRUCTIONS. THE CAR AND ESCORT WILL BE REQUIRED TO STAY ON THE PREMISES WHILE SURGERY IS BEING PERFORMED. THEY MUST SIT IN THE WAITING ROOM UNTIL YOU ARE DISCHARGED. **A RESPONSIBLE ADULT PERSON (18 OR OLDER) WILL NEED TO STAY WITH YOU FOR AT LEAST 6 HOURS FOLLOWING YOUR DISCHARGE FROM THE DENTAL OFFICE – THIS DOES NOT HAVE TO BE THE SAME PERSON WHO DRIVES YOU TO AND FROM YOUR APPOINTMENT.**
10. YOU MUST **ARRIVE** NO LATER THAN **15 MINUTES** PRIOR TO YOUR SURGERY TIME. ARRIVING LATE MAY CAUSE YOUR SURGERY TO BE DELAYED OR RESCHEDULED.
11. AFTER YOUR ARRIVAL, YOUR SEDATION WILL BE CANCELLED IF:
 - YOU HAVE EATEN OR HAD ANYTHING TO DRINK WITHIN 6 HOURS (EXCEPT FOR WATER TAKEN WITH YOUR MEDICATIONS)
 - YOU ARE NOT ACCOMPANIED BY AN ADULT (18 OR OLDER) WHO WILL STAY AND DRIVE YOU HOME
 - YOU HAVE A COLD OR OTHER ILLNESS WHICH WOULD PUT YOU AT RISK

FAILURE TO FOLLOW THE ABOVE INSTRUCTIONS CAN RESULT IN A MEDICAL EMERGENCY DURING SEDATION. FAILURE TO FOLLOW THE ABOVE INSTRUCTIONS WILL RESULT IN CANCELLATION OF YOUR SEDATION.